



DR. SHAJAAT ALI KHAN

PROFESSOR / PSYCHIATRIST

PERSONAL INFORMATION

- Father's name: Daraz Khan
- Designation: Professor
- Scale: BPS.21
- Department: Psychiatry
- Institute: KMU-IMS Kohat.
- Marital Status: Married
- CNIC No: 17301-1328223-9

ACADEMIC QUALIFICATION

- MBBS: 1992
- FCPS (Psychiatry): 2003
- CHPE: 2013
- MHPE: 2019

EXPERIENCE

- Senior registrar psychiatry Deptt: GMC DI Khan (1-11-2005 - 22-01-2008)
- Assistant professor in Psychiatry Deptt: GMC DI Khan (22-01-2008 - 11-01-2013)
- Associate professor in Psychiatry Deptt: of KMU-IMS (12-10-2013 to 16-3-2016)
- Professor in Psychiatry Deptt of KMU-IMS Kohat (17-3-2016 - till date)
- Vice Principal Administration KMU-IMS Kohat (21-04-2021 - till date)

CONTACT

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LANGUAGES

- English
- Urdu
- Pashto
- Persian

SOFT SKILLS

- Basic Hypnotherapy Practitioner
- Basic Neurolinguistics Practitioner (NLP)
- Silva Intuition Method Expert
- Clinical Counselor
- Psychotherapist

RESEARCH PUBLICATIONS

- 1) Original article: 1st author: "Emotional Experiences of Undergraduate Medical Students: A QUALITATIVE PERSPECTIVE" KMUJ, Vol12.No.4, 2020.
- 2) Original article: 3rd author: "DEPRESSION IN INDIVIDUALS HAVING LOWER LIMB DISABILITY" Volume 12, ISSUE 1, JAN-MARCH, KMUJ, 2020.
- 3) Original article: 4TH author : "ASSOCIATION OF MATERNAL STRESS WITH ANXIETY AND DEPRESSION DURING PREGNANCY". JPMA, 67, 1803:2017
- 4) Original article: 1st author: "Anxiety and Depression in Nurses working in Government Tertiary Care Teaching Hospitals of Peshawar Khyber PakhtunKhwa and their relationship with job stress". JPMI Vol.26 NO.1 January –March 2012.
- 5) Original article: 1st author: " Pattern of Benzodiazepine use in Nurses" GJMS, Vol.9 NO.1 January-June 2012.
- 6) 4th Author Original article: Socio demographic and clinical characteristics of I.V drug users presenting to a tertiary care treatment centre, Journal of Post Graduate Medical Institute (Peshawar-Pakistan) 2011 Aug; 20(1).
- 7) Original author: 1st author: "Attitude of medical students towards psychiatry in NWFP" JAMC, Vol.20 NO.3 Jul-Sep 2008.
- 8) Original article: 5th author: "The attitude and perception of hospital doctors about the management of psychiatric disorders " JCPSP, 01 Sep 2005, 15(9); 552-55.
- 9) Original article: 1st author: "Reasons for Not Acting on Suicidal Ideas" JPSP, Vol.13 NO.1 January 2003.
- 10) Original article: 1st author: "Relationship between Protective and Risk Factors for Suicide in Depressed Patients" JPMA, Vol.53 NO.7 July 2003.

WORK IN PROGRESS

- 1) A book: "**The Master keys of mind.**"
- 2) Original research article: Concerns of psychiatric patients in the psychiatry OPD of Tertiary Care Teaching Hospital Kohat.

RESEARCH WORK OTHER THAN PUBLICATIONS

- 1) Ex. Assistant editor of Biannual Journal of Pakistan Psychiatric Society- JPPS (2005-2006).
- 2) Ex member of Editorial Board of KMUJ.
- 3) Ex- member of IRBB KMU-IMS Kohat (2016-2018).
- 4) Ex- Reviewer to JPMI Peshawar (2018-2020).
- 5) Current member of Research and Development committee KMU-IMS Kohat.
- 6) Chairman KIMS Research Ethical Committee(2022-)

CONTRIBUTIONS OTHER THAN RESEARCH

- 1) Director Students 'Counseling Services Cell KIMS Kohat (30-07-2009- till date)
- 2) Deputy Chairman Literary Society KMU-IMS Kohat(2019-2022)
- 3) Associate member American Psychiatric Association
- 4) Member Academic Counsel KMU Peshawar
- 5) Elected member syndicate KMU Peshawar
- 6) Selected member F& PC KMU Peshawar (13-11-2017 – 13-11-2020)
- 7) Chief Editor Pashto Section Literary Society KIMS- Kohat (30-01-2020)
- 8) Head of All Co-curricular Activities KIMS-Kohat (17-02-2020)
- 9) Chairman Proctorial Board KMU-IMS Kohat (07-05-2021)
- 10) Chairman Discipline Committee KMU-IMS Kohat
- 11) Vice Principal (Admin) KMU-IMS Kohat (21-04-2021- till date)
- 12) Member of Selection Board Islamia College University Peshawar. (16-11-2021)

POST GRADUATE SUPERVISORY CME ACTIVITIES

- 1) Qualified **Advanced Cardiac life support(ACLS)** course March, 2019
- 2) Qualified **Basic Life Support(BLS)** course october,2016
- 3) Attended workshop on “**Educational Planning and Evaluation**” held from 24 to 27 February 2014.
Attended workshop on “**Assessment of Competence** “held from 20 to 23 March 2014.
- 5) Attended workshop on “**Research Methodology, Biostatistics & Medical writing** “held from 13 to 16 May 2014.
- 6) Attended workshop on “**Supervisory Skills**” held on 21 to 24 May, 2014.

TOKENS OF APPRECIATION/ACKNOWLEDGEMENT

- 1) Certificate of acknowledgement from Department of Psychiatry **Academic Medical Centre/De-Meren University of Amsterdam(Netherland)** for successful participation in the international research project of Health Net International and the university of Amsterdam:”Validation study of mental health questionnaires” that included:
 - ✓ Training in use of psychiatric Assessment Schedule at the Institute of Psychiatry Rawalpindi (4 days).
 - ✓ Field-testing Lady Reading Hospital Peshawar (2 days).
 - ✓ Clinical Interviewing of patients in Nangahar province of Afghanistan (9 days).
- 2) Certificate of appreciation of **Excellent Performance in Teaching** at KMU Institute of Medical Sciences by The Vice chancellor Khyber Medical University Peshawar for session (2015-2016).
- 3) Certificate of best performer among professorial faculty of KMU-IMS Kohat.

ACTIVITIES OF CONTINUOUS MEDICAL EDUCATION(CME)

- 1) Registered as certified hypnotherapist on 18th day of Dec.2022 for completion of studies by THE INSTITUTE OF MIND SCIENCES (Pakistan-Austria-Germany-Switzerland-UAE-UK &USA) affiliated with National Guild of Hypnotherapists, USA.
- 2) Registered as Certified Basic Practitioner of NLP on 28th day of August.2022 for completion of studies by THE INSTITUTE OF MIND SCIENCES (Pakistan-Austria-Germany-Switzerland-UAE-UK &USA) affiliated with National Federation of Neurolinguistic Psychology, USA.
- 3) Certified for completion of The Silva Method(Silva Intuition System Program)on 31st day of July 2022 by Silva International Headquarters(Laredo-Texas-USA).
- 4) Certified for completion of Personally Development Training Workshop Level -1 on 15th February 2018 at Islamabad.
- 5) Participated in 23rd International Psychiatric Conference of Pakistan Psychiatric Society held on 25th to 27th November 2022 Pearl Continental Hotel Peshawar.

- 6) Facilitated "Communication Skills Workshop "held on 12th January 2019 (6CME credit hours) in CMH Kohat.
- 7) Participated in **6th International Conference** on Health Professions & Research held at Khyber Medical University (KMU) Peshawar, Pakistan from April 19 to 21, 2018.
- 8) Facilitated pre-conference workshop on, "**Counseling Skills in Medical profession**"(**CME HOURS**) during 6th International Conference on Health Professions & Research held on April 19, 2018 at Khyber Medical University (KMU), Peshawar-Pakistan.
- 9) Participated in **5th International conference** on Health Professions Education & Research held during April 7-9, 2017 at Khyber Medical University (KMU), Peshawar- Pakistan.
- 10) Presented a paper in 5th International conference on Health Professions Education & Research held at Khyber Medical University (KMU), Peshawar- Pakistan, from April 7-9, 2017.
- 11) Participated in Pre –conference workshop on "**Leadership**" (**3CME Hours**) during 5th International conference on Health Professions & Research held on April 7, 2017 at Khyber Medical University, Peshawar-Pakistan.
- 12) Participated in Pre-conference workshop on ,"**Lecturing Skills**"(**2CME Hours**) during 5th International conference on Health Professions & Research, held on April 7,2017 at Khyber Medical University ,Peshawar Pakistan.
- 13) Attended pre conference workshop on "Role of Feed back in Medical Education" held on 7th April 2017.
- 14) Participated in one day workshop on, "**Selecting Research topic and writing the objectives**" held at PGMI Peshawar on May 27, 2014.
- 15) Attended pre conference workshop on "Impact of Meditation on Mental Health "held on 26th December, 2014 at Dow University of Health Sciences (DUHS).
- 16) Attended pre conference workshop on "Adult ADHD" held on 26th December, 2014.
- 17) Attended 20th International Psychiatric conference Pakistan Psychiatric Society held from 26th to 28th December, 2014.
- 18) Attended 5 days American Psychiatric Association 165th Annual Meeting held from May 5-9, 2012 at **Philadelphia (USA)** on, "**Integrated care**".

- 19) Attended workshop on “Curriculum Development” held on 30th March, 2011 at KMU Institute of Physical Medicine & Rehabilitation under the supervision of Khyber Medical University Directorate of Academics, Admissions, and Quality Assurance.
- 20) Attended 4 days International Congress of the Royal College of Psychiatrists 2010 held from June 21-24,2010 at **Edinburgh, United Kingdom(UK)**
- 21) Attended workshop on “**Communication Skills**” held during 5th, 6th January, 2010 at KMU-IMS Kohat under the supervision of Department of Medical Education.
- 22) Attended workshop on “**Research Methodology, Biostatistics & Medical writing**” held from 8 to 12th June, 2009 in KMU-IMS Kohat under the supervision of Department of Medical Education.
- 23) Attended workshop on “**Written Assessment Techniques (MCQS&SEQS)**” held during 17th and 19th November, 2009 at KMU-IMS Kohat under the supervision of Department of Medical Education.
- 24) Facilitated 3 days workshop on, “**Communication Skills**” held from 5th to 7th March 2008 at Gomal Medical College DI Khan under the supervision of Research and Development Department.
- 25) Attended four days **Annual Meeting of The Royal College of Psychiatrists UK** at the Edinburgh International Conference centre, held from June 20-23, 2005, sponsored by the Royal College UK.
- 26) Attended 5 days **World Psychiatric Association (WPA) Regional and Inter zonal Meeting**, aimed at improving mental health in developing countries, organized by Pakistan Psychiatric Society at PC Hotel Lahore held from September 16—20,2004)
- 27) Attended 3 days **15th National Psychiatric Conference** organized by Pakistan Psychiatric Society at Islamabad held on January 9-11, 2004.